Instructions:

1. Take out a sheet of paper.
2. Number it from 1 to 25.
3. Read each question on the Youth Wholeness Index Assessment and respond on your sheet of paper with Y, or N.
4. Count up your total number of Y’s, and N’s.
5. Your goal is to exceed the number of Yes’ appearing on page 6, the last page of the assessment.

Note:
The number of Yes’ appearing on page 6 is the average no. of Yes’ obtained by all Youth connected with MilKe Ministries over the past week. Your child’s goal is to exceed the average of the youth and continue growing weekly. It is updated weekly.

*If your child... then, your child is a...*

Exceeds the Avg. = Positive asset to Society

Don’t Exceed the Avg. = Developing asset to Society
What Is the Youth Wholeness Index Assessment® (YWIA)?

The Youth Wholeness Index Assessment® (YWIA) is an instrument designed to measure the effectiveness of our youth in the weekly application of 25 behaviors. These behaviors roll up to 13 areas of competency which are aligned under four critical dimensions of wholeness: spiritual, physical, educational, artistic. When children consistently practice these behaviors, they bond and connect with their parent/guardian, enabling the parent to know their child’s needs, helping the child to respect authority, know their limits and boundaries, know what is expected of them, know how discipline is modeled, grow their self-confidence, shape appropriate behavior, teach them to care, and enhance communication between them and their parent/guardian.

What Is the Purpose of the Youth Wholeness Index Assessment® (YWIA)?

The purpose of the (YWIA) is to instill a foundation in our children upon which health, knowledge, values and academic prowess can be built. It prioritizes which behaviors your child/children are most in need of developing. Our aim is to usher them into wholeness through a collaborative interaction with their parent/guardian role model. The benefit is to children through their becoming whole, wholesome and productive; to parents through taking on/facilitating greater involvement, interaction, and communication with their children early on to ensure decrease in at-risk and negative influencers; to society by diminishing the expense of delinquency, social subsidy programs and crime.

How Does the Youth Wholeness Index Assessment® (YWIA) Work?

When you/your child take(s) the YWIA, they, along with the parent respond to statements covering all four dimensions of wholeness. The Assessment takes about 15 minutes to complete. You take it online and you learn of the lane(s) for which your child is most under-developed, the lane(s) where your child is strongest, how they compare to fellow peers, & their greatest opportunity for developing wholeness in their lives.
Instructions: Read each of the following statements and check the box to the right that applies (Y) Yes or (N) No. Some statements require Fill In. Simply write in the appropriate response, check the space if needed; then check the box to the right that applies (Y) or (N).

1. I openly give thanks to God and pray blessing over every meal.
   
   Y  N
   

2. When my parent/guardian or teacher says something I don’t like, the expression on my face is peaceful (i.e. not showing anger, not being disruptive, being calm).
   
   Y  N
   

3. I brush my teeth before meals, after meals, and before bed
   
   Before Meals
   Y  N
   After Meals
   Y  N
   Before Bed
   Y  N

4. I actively participated this week (3 times) in at least one of the following activities: drawing, playing an instrument, acting or role-playing, dancing.
   
   Y  N
   

5. I know exactly what my parent/guardian, teacher expects of me, and this week I did it.
   
   Note: Discuss with parent/guardian the specifics of what was done.
   
   Y  N

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6. I prayed and asked God to give me peace and courage to do and say what was needed, whenever I was fearful this week.

7. I was praised / celebrated this week by my **parent(s)** / **teacher** for being obedient.

   Note: Punishment / Grounding / Time out / Spanking wipes out praise. The week must end in praise / celebration—not time-out or spanking to get ‘Yes’ credit.

8. This week I ate ONLY the snacks to which my parent(s) would agree. **Give an example.**

9. This week I completed all of my homework assignments that were due.

10. This month I participated in a discovery activity of which I never participated before (i.e. visited a museum, an art gallery, paddled / rode in a canoe, learned chess, went to a hockey game, did karaoke, visited a nursing home, caught butterflies, milked a cow, rode a horse, etc)
11. I prayed to God each day this week for me and my friends, that we would make God choices and not devil choices, in everything we did and said.

12. This week I ate ONLY the foods that my parent(s) would agree to at breakfast, lunch, and dinner.

13. I learned how to pronounce and use a new word this week in two other languages.

14. I complimented someone at least three times this week on something they are better at than I am. Give an example.

15. I did exercise at least three times this week that caused me to sweat.
16. I attended a scheduled event at least once this month involving either art, music, drama or dance.

Note: If this item is fulfilled early in the month, it becomes a “Yes” for each remaining week in that month.

17. Every day this week, I voluntarily asked my teacher for help to better understand what I did not understand. *Give an example.*

18. When I hear something that I do not agree with, or something that is wrong for me, I choose the right words to say in response, not the wrong words. *Give an example.*

19. I serve as a mentor to help a struggling peer/classmate in an area where they need a role-model (i.e. studying, athleticism, being cheerful, attire, making friends, doing hair, sharing, use of proper English, etc.) *Give an example.*

Note: For this question, one ‘Yes’ counts double.

20. I *participated* this week in an athletic activity and gave my *best effort* (i.e. cheerleading, gymnastics, karate, kickball, volleyball, swimming, track & field, etc).

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21. This week, I spoke respectfully, courteously and cheerfully to all those in authority over me.

22. I cheerfully sowed seed into 1 person this week that I have a respect for in something they can coach me in, to better myself (examples: bike riding, math homework, skating, role-plays, English homework, dancing, good behavior, etc.)

23. I volunteered to help a fellow classmate on a school assignment at which I am good.

24. I washed my hands with soap and water after each restroom visit this week.

25. This week I made sure that I put everything back in its place when I finished, both at home and at school.
Total “YES” Average

0